

For Immediate Release: November 19, 2020 Contact: Rob Poehnelt, Marketing Communications Manager Phone: 608-833-8033 rpoehnelt@mei.org

MEI Launches Two New Kidney School Learning Modules

Madison, Wisconsin—The non-profit <u>Medical Education Institute (MEI)</u> is launching two new learning modules for its award-winning patient education program, <u>Kidney School</u>. The new modules have an upgraded design to be more interactive and easier to use on mobile devices. They were developed with unrestricted educational grant support from Fresenius Kidney Care.

There are many reasons to keep a job after kidney failure. Work provides an income, a sense of purpose, and may offer a health plan. <u>Kidney Failure and Your Work Life</u> covers topics that include:

- Work-friendly treatment options
- How to keep a job or get back to work
- Talking to an employer about health issues
- Ways to deal with symptoms
- Accommodations and how to ask for them
- What to do about discrimination

Dialysis and transplant are costly—but there is help to pay for them. <u>Paying for Dialysis or</u> <u>Transplant</u> explains payment options, with topics that include:

- What Medicare covers and how to apply
- Medigap plans and how they work

Employer Group Health plans

MEI Executive Director Dori Schatell, MS, says employment and paying for treatment are crucial topics for living a good life with kidney failure. "Many people with kidney disease worry about how they will keep their jobs and pay their mortgages—and their new healthcare expenses," says Schatell. "These new modules have practical tips and information to help ease their minds."

Launched in 2002, Kidney School offers free, tailored education for people with stages 4–5 chronic kidney disease (CKD). There are now 18 interactive modules at the 6th grade reading level help patients and family members learn about kidney disease, treatment options, coping skills, lab tests, diet and nutrition, and much more.

ABOUT THE NON-PROFIT MEI Watch a short video to learn about our work.

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